



2020 Frequently Asked Questions

We count on the Destination Independence 5k Walk as a source of donations for Blind Children's Learning Center every year, to continue to provide visually impaired children and their families with resources necessary to lead a life of independence. **With this global health crisis emerging, we realize that now more than ever, there is a need for building a strong sense of community with health and wellness at the forefront of what we do. That's why we are proceeding with our first-ever virtual Destination Independence 5k walk, to engage our community without putting anyone at risk.**

What is a virtual walk?

A virtual walk is a walk that you do on your own anytime and from any location you choose. You can walk, run, jog, swim or bike (or really do any activity) from anywhere at your own pace! We will have a live broadcast available on the official walk date.

What are the benefits of a virtual walk?

While there are several benefits to a virtual walk, including flexibility, the primary motive for a virtual format this year is to maintain a safe environment for all! Keeping COVID-19 protocols in mind, participants of the virtual Destination Independence 5k Walk can still harness the power of community and raise funds for children who are visually impaired and their families. You can do it when you want, how you want, and where you want!

How far or how long should I walk?

For those of you who love a challenge, you can do an actual 5k of 3.1 miles. You can also replicate a 5K walk by doing about 3,500 steps or simply doing an activity for 45 to 90 minutes. Tailor the "walk" to your own abilities and goals. Get inspired by the stories we will be posting!

Where there be an in-person portion?

We can't wait to celebrate the accomplishments of our walkers and families all together. Our hope is to host a fall festival once it is safe for large groups to gather. Date: TBD!

What is “Workout Wednesday”?

Every Wednesday, we will host a virtual workout session for you to train for your 5k. Remember, you are part of a large community and we are all in this together! Join these videos for an opportunity to partake in the movement.

What is the live broadcast?

On June 13th we will host a live broadcast via Facebook Live with opportunities for community participation. It will feature: Go-Pro and professional footage of BCLC students completing their walk using white-cane mobility skills, inspirational messages from our president, board members, alumni and parents, and highlights of how YOU made a difference.

How and when will I receive my t-shirt and medal?

Please register by May 15th to receive your t-shirt and medal, prior to the walk week of June 7th. If you register after May 15th, you will still receive a t-shirt and medal, but there is no guarantee if it will arrive prior to the week of June 7th. You will receive it via mail.

(Note: if you registered via the Registration Scholarship option, you must raise \$100 to receive a t-shirt and medal. These funds must be raised by May 15th to receive your swag by June 7th!)

What are the next steps?

1. Register
2. Customize your Team and/or Individual page
3. Invite your community to help you reach your fundraising goal or walk alongside you...virtually!
4. Train for and complete your “walk” (or the activity of your choice). Take photos, tag @BlindChildrenLC and use #DIWALK2020
5. Join us for the live broadcast on June 13th, 2020